



HIV CARE SERVICES IN NIGERIA

Presented by

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INTRODUCTION

- In 2002 National ART Programme was launched and 25 ART centres were established.
- PEPFAR and Global Fund started to support the Nigerian HIV program in 2004 and 2005 with rapid expansion of access to services till date.
- Strategies were jointly conceived, designed and implemented



AIMS OF THE NATIONAL HIV CONTROL PROGRAMME

- ▶ Universal access to HIV prevention services
- ▶ Universal access to high quality HIV treatment and care services
- ▶ Universal access to HIV support interventions
- ▶ Creating an enabling and functional environment for effective implementation of HIV/AIDS prevention, treatment, care and support services.

NATIONAL GUIDELINES FOR HIV PREVENTION TREATMENT AND CARE:

Provides updated recommendations for provision of HIV prevention, treatment, care and support services.

Provides guidance to increase effectiveness and efficiency of HIV service delivery which will strengthen the continuum of HIV care

Provides programmatic guidance for the effective delivery of HIV/AIDS services at all levels of the health care system.

The Guideline Supports

- **Early diagnosis of HIV infection, earlier initiation of lifelong ART regardless of clinical stage or CD4+ cell count**
- **Use of viral load testing for monitoring ART treatment and diagnosis of treatment failure**
- **ARV prophylaxis for HIV exposed infants, timely DNA PCR testing and early linkage of HIV positive infants to treatment and care**
- **Pre and post exposure prophylaxis**
- **Differentiated/individualized care, task shifting and improved linkage of patients to other care.**

Central Theme in the National Guidelines

This is the 'Test and Treat'

ART should be initiated for EVERY HIV positive person regardless of age, gender, clinical stage of disease or CD4+cell count



Interventions till date



Key intervention Areas

- Prevention
- Treatment, Care and Support
- Laboratory Services
- RSSH
- Governance and Coordination



PREVENTION

- ▶ HIV Testing Services
- ▶ MPPI
- ▶ PMTCT
- ▶ KP
- ▶ AYP
- ▶ ACSM



HIV Testing Services

► Facility based HTS

- Routine screening for HIV
- Testing on demand
- Testing based on presence of symptoms
- Assisted partner testing and notification
- PITC



HIV Testing Services



Community HTS

- Out reach and mobile clinics
- Home based, door to door
- Home based index
- Events
- Campaigns
- Work place schools
- Congregate settings-prisons, IDP camps etct

Minimum Prevention Package Interventions

- ▶ Simultaneous use of multiple classes of Prevention packages
 - ▶ Behavioral-Changing attitudes and practices,
 - ▶ Biomedical-multiple approaches in place-Mgt of STIs, PMTCT, Condom use, HTS, general prevention, PEP, PrEP
 - ▶ Structural-Campaigns against stigma and discrimination and gender inequity,
 - ▶ Addressing issues on child education, girls rights

PMTCT

There 4 prongs in PMTCT

- ▶ Primary prevention of HIV among women 15-49 years old
- ▶ Access to family planning among HIV positive pregnant women
- ▶ All HIV positive pregnant women and breast feeding infant mother pairs placed on ART according to national guidelines
- ▶ HIV positive women continue on life-long therapy after delivery, EID for exposed infants and care and support for the family



PMTCT

- ▶ Group counselling and testing in ANC with option to “OPT out”
- ▶ HIV positive pregnant women presenting for treatment be re tested for HIV routinely
- ▶ All HIV positive pregnant women should commence ART immediately or as soon as possible after diagnosis
- ▶ Routine ARV prophylaxis for HEI, dosage and duration is risk dependent.



Key population

Minimum prevention package intervention (MPPI)

- ▶ Peer sessions and outreaches
- ▶ HTS and linkage to treatment, STI screening and treatment,
- ▶ condom programming, Harm reduction?
- ▶ Policy dialogue, advocacy, human rights and paralegal services, income generating activities



Adolescent and Young People

- Adolescents -10-19 years, Young people - 20-24 years (In-school, out -of -school and high risk)
- Minimum prevention package intervention (MPPI)
 - Peer sessions and interpersonal outreaches
 - HTS and linkage to treatment
 - Condom programming
 - Policy dialogue, advocacy, human rights, empowerment programmes



Advocacy communication and social mobilization

Creating demand for services with
community participation and
involvement

- Advocacy to key stakeholders
- Communication messages: social media, IEC materials, jingles on services provided and importance
- Sensitization meetings
- Community dialogues

TREATMENT AND CARE

- 90-90-90 Target
- Improve linkages to treatment and care
- 'Strengthen adherence support and retention
- Test and Treat
- Decentralization of ART-differentiated care models
- Enhanced TB/HIV Collaboration
- Management of Opportunistic Infections
- Scale up routine viral load testing

TREATMENT AND CARE

Paediatric HIV Treatment and Care

- ▶ Increase uptake of services.
 - Index patient tracking and testing,
 - palatable dispersible pellets for children
 - engage mass media for increased awareness and acceptance of services



CARE AND SUPPORT

- Improved linkage between treatment facilities and community
- Decentralization of HIV services
- Differentiated care models- individualized drug dispensing frequency, increased period between clinic appointments, according to patient preferences and status
- Task shifting and sharing

Resilient and Sustainable Systems for Health

► Laboratory services

- Human capacity development
- Infrastructure logistics and supply chain Management
- systems for sample transportation
- EID networks
- HIV viral load testing
- Laboratory networks, seamless interaction between laboratory and clinical management systems
- Quality Assurance



Resilient and Sustainable Systems for Health

► HMIS

- National Health Management Information Systems-NHMIS
- IDR-Integrated Data Repository

- **PSM**- Integrated product supply chain management systems- including forecasting, warehousing and distribution



Governance and Coordination

- Development and enforcement of policy and guidelines
- Develop and disseminate training manuals and job aids
- Technical expert advisory committees- i.e Task Team on ART
- Supervision of services
- Tracking of implementer activities and compliance
- Programme Monitoring and Evaluation

Thank You

