

The Role of Capacity  
Building and Networking  
in HRPP.  
A Case Presentation  
at  
The 2019 Bioethics  
Conference, Lagos, Nigeria

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BY

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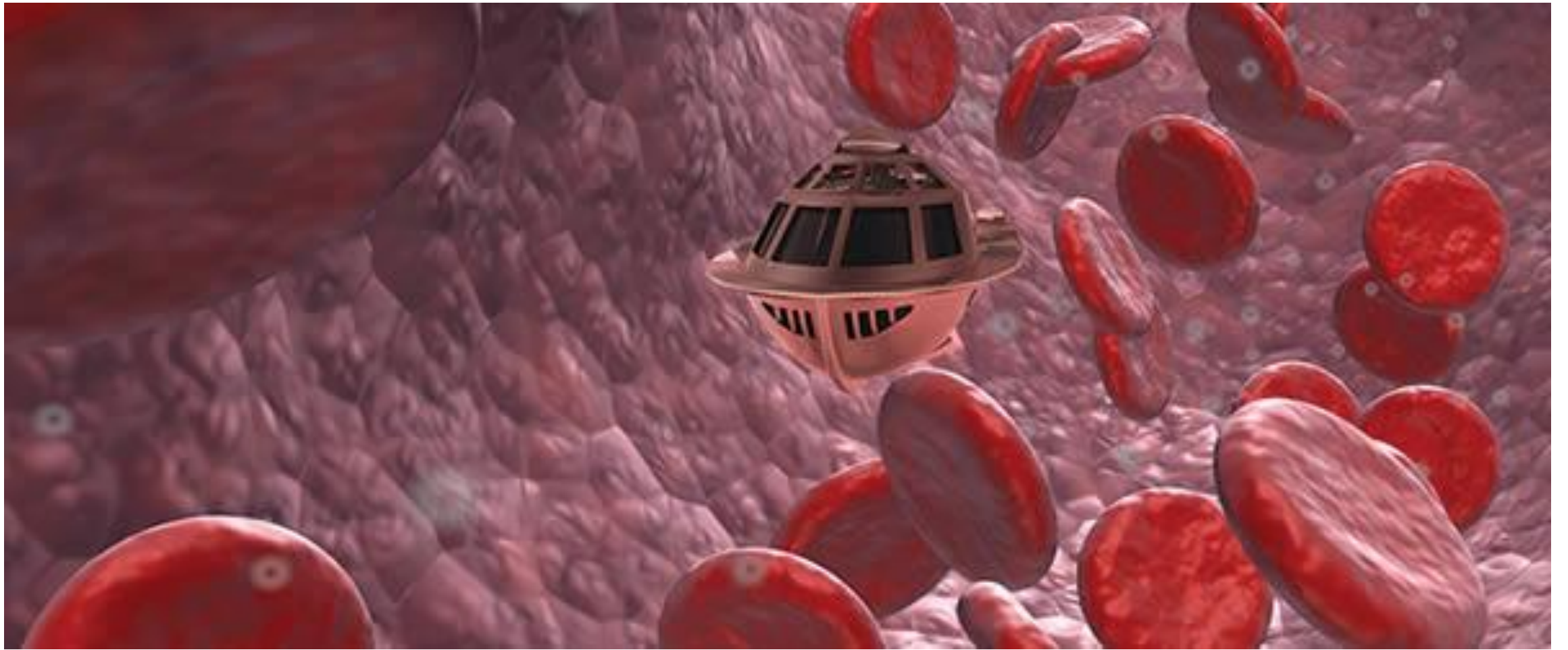
HREC ADMINISTRATOR

IRRUA SPECIALIST TEACHING HOSPITAL  
HEALTH RESEARCH ETHICS COMMITTEE

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When blood and other body tissues travel out of our Laboratories without the Informed Consent of the donors, we expose the future of our generations to hackers and leave our children to leave in fear of harm to their employability, insurability and reputation. Only God can save them,



Our Story: Watching  
over our blood as it  
journeys

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Today, so many companies and Governments are interested in our Future and that, without our INFORMED consent.

# THE Role of Training and Collaboration in the Protection of Participants in Research

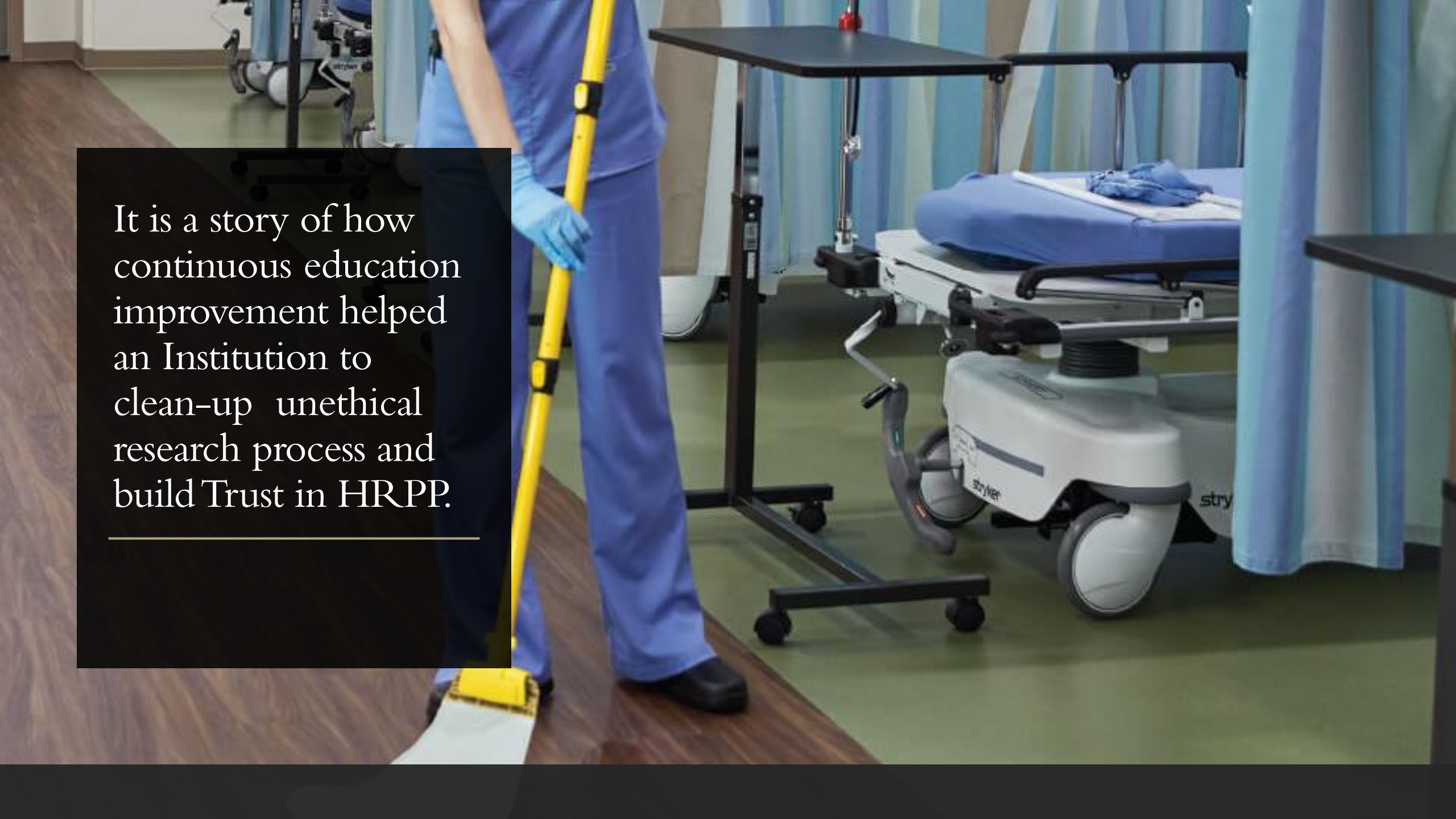
## Learning Objectives:

- To appreciate the role of education and training in adequately protecting research participants
- To understand the connection between the level of training and quality of protection
- To be able to link IRB/HREC networks and collaboration with the quality of Institution's HRPP
- To apply knowledge gained to learner's Institution's HRPP.



Irrua Specialist Teaching Hospital, a Federal Health Institution in Edo State, Nigeria is known for excellence in the treatment for VHF diseases especially Lassa Fever.

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It is a story of how continuous education improvement helped an Institution to clean-up unethical research process and build Trust in HRPP.

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# ISTH HREC Capacity Building

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## BASIC

- CITI Online courses (All members and Staff of HREC plus Researchers)
- Face to face training by NHREC (All members and Staff of HREC plus researchers )

## INTERMEIDATE

- Diploma in Research Ethics (All members and Staff of HREC) by CEBR, Ibadan

## ADVANCED

- Fellowship in International Ethics and IRB Administration (HREC Administrator), by Western IRB, USA
- Advanced Regulatory Training (ART) (HREC Administrator), by Western IRB, USA
- Certified IRB Professional credential Exam (CIP) (HREC Administrator), PRIM&R, U.S.A

Advanced Training Step-down Programs:  
by 15 mins MINI-Trainings  
during Meetings. During  
consultation sessions and  
other Stakeholders'  
engagements

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ETHICS

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The aim of ISTH Ethics Training is to build a System with a Strong foundation in HRP and to be a resource for HRPP in Nigeria and Africa



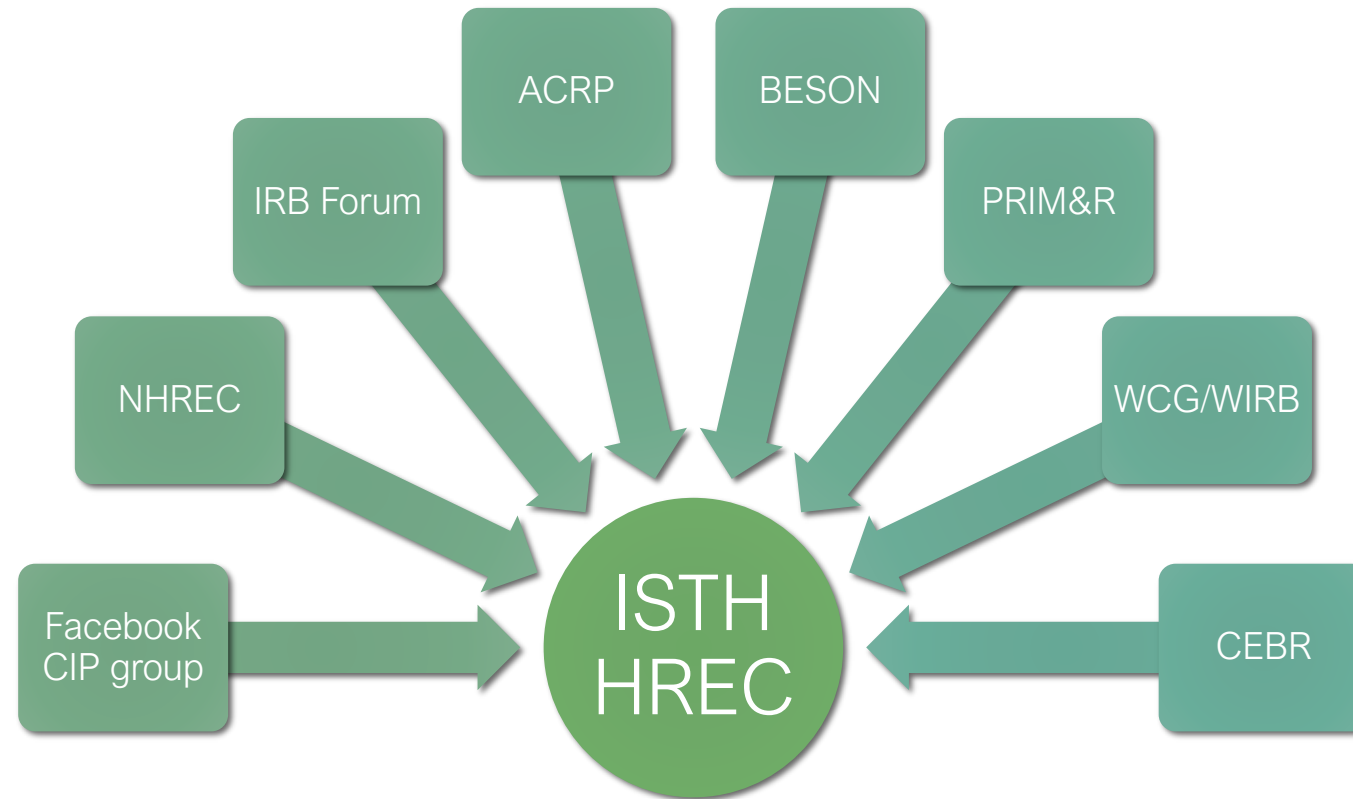
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We scaled through  
the first NHREC  
Audit of our  
Processes and now  
moving towards  
international audit

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# ISTH HREC Builds network and Expertise in IRB Management | Consultations

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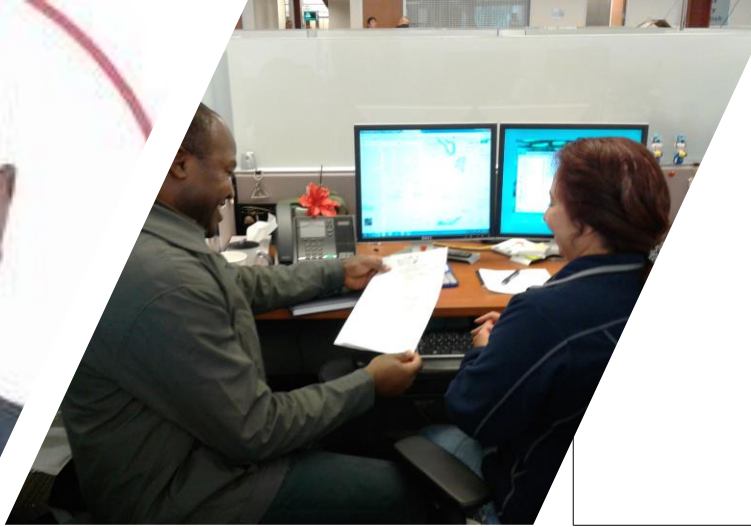


It was in 2015

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ONCE UPON A TIME





The Milestone we have achieved began in 2015 when our HREC was reconstituted with a visionary leader appointed as Chairman

- ISTH HREC, A category B Ethics Committee. Registered and maintains active status with NHREC and OHRP/FDA (with a FWA)





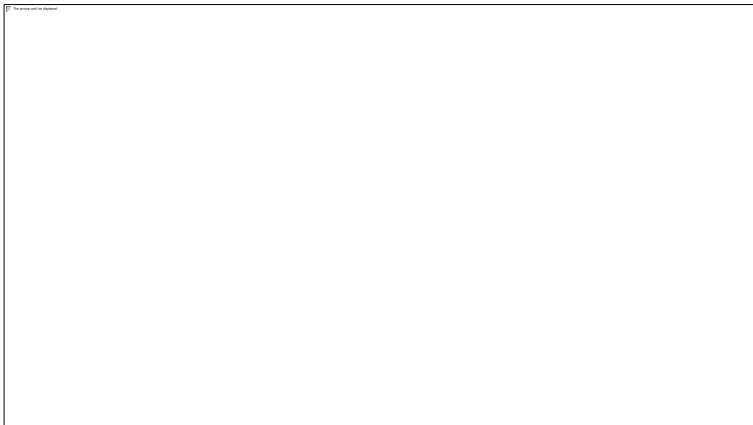
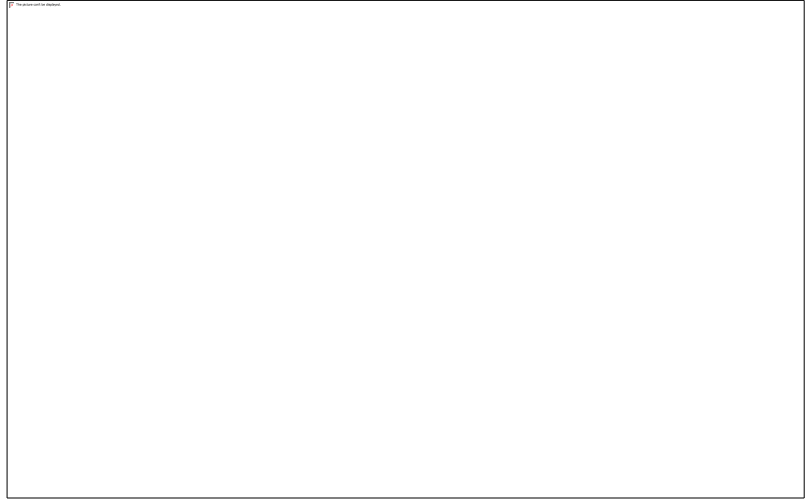
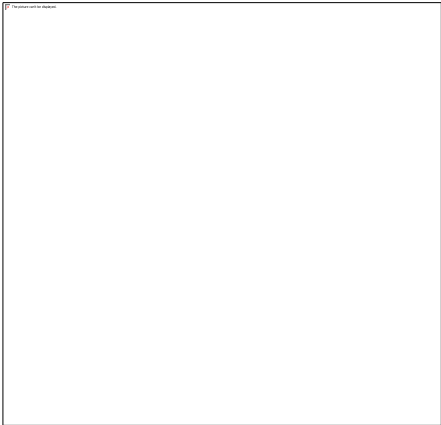
## Consultation with NHREC for Guidance, Templates & SOP

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The first approach was to build the capacity of HREC members

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There was no wall nor boundary in our personal development  
because ethical research means so much to ISTH REC

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# The Gains of the Trainings: Functional HREC



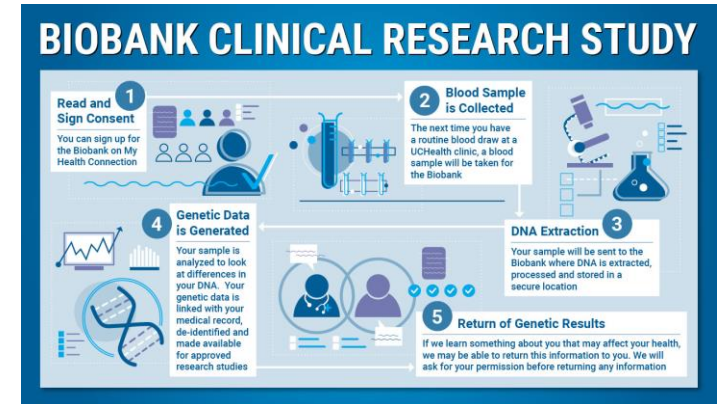
Gains of the Trainings: Support for  
Multimedia Equipment and ICT for onsite  
abd for virtual meetings and consultations





The Gains of training: Full implementation of legally effective Informed Consent process and documentation for all biological and genomic studies and oversight of The NHREC-APPROVED Material Transfer Agreement (MTA) for all Tissue transfers

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We strengthened Transfer agreement and standardized our Informed Consent Templates for various forms of research especially those involving biobanking, tissue transfer and Genetics. (Category B ethics process)

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The gains of Training: We have built Trust: Our Communities are increasingly protected by our High standard of HRPP. Even the vulnerable can smile their way through the transfers!



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Now, we have built and continue to build TRUST, our community can trust their Future in our hands; now they can rejoice to see that their blood does not travel to Hades or wait at their future jobs or positions.

# Conclusion



Training in HRPP helps protect the rights, safety and welfare of participants in research.



The overarching aim of capacity building in HRPP is to build trust among stakeholders of Research.



With networking, collaborations and advanced trainings in HRPP, nuances in research regulations could be identified and managed while also detecting hidden malpractices and honest errors.

# For further engagement and connection

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The National Code of Health Research Ethics of Nigeria (The CODE): Available at <https://nhrec.net/>

The IRB Forum: Available at <https://www.irbforum.org/>

BESON. Available at <http://nhvmass-ng.org/bioethics2019/>

PRIM&R. Available at <https://www.primr.org/about/>

ACRP. Available at <https://acrpnet.org/>

Center for Bioethics and Research: Available at <https://bioethicscenter.net/>

ISTH HREC: Contact email: [ethicscommittee@isth.com.ng](mailto:ethicscommittee@isth.com.ng), [isth.rec.2015@gmail.com](mailto:isth.rec.2015@gmail.com), [cike.ethics@isth.com.ng](mailto:cike.ethics@isth.com.ng)

Western IRB: Available at <https://www.centerwatch.com/directories/1069-industry-provider-profiles/listing/2592-wirb-western-institutional-review-board>